

## Youth Program Calendar for March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Henderson Sweetman Youth Centre</b> 5 Labrador Drive, Shearwater (902) 720-1776  <b>Kayla Fournier, Youth Coordinator</b> Office: (902) 579-0570					1	2
					Open Drop-in 3:30-5:00pm & 5:30-8:30pm	YC Open Drop-in 1-4 & 5:30-8:30pm
3	4	5	6	7	8	9
Open Drop-in 1-4 & 5:00-7:00pm				Open Drop-in 3:30-5:00pm & Open Drop-in 6-8pm	Open Drop-in 3:30-5:00pm & 5:30-8:30pm	Open Drop-in 1-4  <b>D&amp;D Game Night                      5:30-8:30 \$2</b>
10	11	12	13	14	15	16
Open Drop-in 1-4 & 5:00-7:00pm		<b>Youth Committee 6:30-8</b>		Open Drop-in 3:30-5 & 6-8pm	Open Drop-in 3:30-5:00pm & 5:30-8:30pm	Open Drop-in 1-4 & 5:30-8:30pm
17	18	19	20	21	22	23
<div style="border: 1px solid black; padding: 2px; text-align: center; background-color: #d9ead3;"> <b>March Break! March 18<sup>th</sup> – 22<sup>nd</sup></b> </div> Open Drop-in 1-4  <b>Movies &amp; Munchies                      5:30-8:30pm \$2</b>	<b>(YC) Home Alone 1-4                      Must Register</b>	<b>Family Event: Sugar                      Moon Farm 10:30-1:30                      Must Register</b>  YC Open Drop-in 1-4pm	<b>Halifax Home Alone 1-4                      Must Register</b>	<b>Family Event: Skating at                      the Oval 4-5pm</b>  YC Open Drop-in 1-4pm & 5:30-8:30pm	YC Open Drop-in 1-4pm & 5:30-8:30pm	Open Drop-in 1:30-4:30  <b>Nerf at the MFRC                      6-8 \$2</b>
24	25	26	27	28	29	30
Open Drop-in 1-4 & 5:00-7:00pm		<b>Youth Committee 6:30-8</b>		Open Drop-in 3:30-5:00pm  <b>Cooking 6-9 \$4</b>	Open Drop-in 3:30-5:00pm & 5:30-8:30pm	YC Open Drop-in 1-4 & 5:30-8:30pm

Programs are drop-in unless otherwise specified. Payments can be made online at <http://www.hrmfrc.ca/store> or through the main offices. Programs may be changed or cancelled due to low registration or inclement weather.

### **Halifax Programming**

We are excited to now be offering more programs at each site and hope to continue providing these opportunities for youth. All youth ages 8-18 are welcome to attend the youth centre or programming at the Halifax location. **Must register for all Halifax programs.**

### **YC Dungeons & Dragons (D&D)**

D&D is a fantasy based game played with 4+ people. Together we create an imaginary world and characters that will explore, problem solve, and battle. All levels welcome, participants can join at any session.

### **Nerf**

Join us for an active game of Super Nerf Tag which will run at the Shearwater MFRC – please drop-off and pick-up from the main doors. Drop-ins are welcome and snack will be provided. Please inform us prior to the event if there are allergies or food restrictions.

### **YC Cooking**

Our cooking program runs once a month and rotates between cooking and baking. Learn kitchen skills such as washing your foods, chopping, mixing, and kitchen safety. Then enjoy your creation! Please inform us prior to the event if there are allergies or food restrictions.

### **Home Alone Program**

You may be at an age where becoming independent is cool and wouldn't it be great to learn some of the skills needed to be home alone? We'll teach you some of these types of life skills, including stove safety, basic first aid, how to plunge a toilet and much more so you can show your parents how responsible you are! **Register (online or at reception) by March 14, 2019** – spots are already filling up.

**Cost:** \$5

**Halifax:** March 20, 2019 1-4pm at the Halifax MFRC

**Shearwater:** March 18, 2019 1-4pm at the Youth Centre

### **FAMILY EVENT: Sugar Moon Farm**

This March Break bring your parents to Sugar Moon Farm to enjoy a pancake breakfast, tour and sugar on snow! Stay afterwards and walk the trail past a waterfall. Ask your parents to sign your whole family up for this truly Canadian experience. Children must be supervised at all times by their caregiver. If the minimum participation is not filled by March 5 this event will be cancelled. **Register (online or at reception) by March 5, 2019.**

**Cost:** \$10.00 per adult (13+), \$5.00 children 6yr-12yr, children 5 & under free

### **FAMILY EVENT: Drumming at the Shearwater MFRC**

Join us for an afternoon of drumming. Children and parents will have the opportunity to discover their own rhythm in an interactive drum circle. Come and meet Chris Kennedy – a local drummer here to share his musical talents and instruments. This workshop is for children ages 5yrs – 12yrs only. All children must be supervised by a parent.

**When:** March 20, 2019 2:30-3:30pm

**Cost:** \$3 per child

### **FAMILY EVENT: Skating at the Oval**

Join us and other military families at the Halifax Emera Oval for skating and hot chocolate. Families can borrow skates and helmets on-site (also for free!). The Emera Oval has both speed skates and standard ice skates available on a first-come, first-serve basis. Photo ID is required to borrow either skates or a helmet. If you need to borrow equipment, it is best to show up early to find the right fit and to ensure that sizes are still available. **Register (online or at reception) by March 19, 2019.** This event is free. Families are responsible for their own transportation and supervision of children & youth.