



# health promotion



## Health Promotion Schedule

### Fall 2020

PROGRAM	DATE	TIME	LOCATION
Respect in the CAF	22 Sept	0800 -1600 hrs	Willow Park
Respect in the CAF	23 Sept	0800 -1600 hrs	Willow Park
Alcohol, Other Drugs, Gambling and Gaming Awareness: Supervisor's Training (AODGGA) (MITE code)	29 & 30 Sept	0800-1600 / 0800-1200 hrs	Willow Park
Family Violence Awareness	2 Oct	0900-1100 hrs	Willow Park
Respect in the CAF	7 Oct	0800 -1600 hrs	Shearwater
Respect in the CAF	8 Oct	0800 -1600 hrs	Shearwater
Better Health: Nutrition Edition	20 Oct	0800-1600 hrs	Willow Park
Better Health: Top Performance	21 Oct	0800-1500 hrs	Willow Park
Respect in the CAF	27 Oct	0800-1600 hrs	Willow Park
Respect in the CAF	28 Oct	0800-1600 hrs	Willow Park
Inter-Comm (Interpersonal Communication)	Nov 13	0800-1530	MFRC Halifax Site
Respect in the CAF	17 Nov	0800-1600 hrs	Shearwater
Respect in the CAF	18 Nov	0800-1600 hrs	Shearwater
Alcohol, Other Drugs, Gambling and Gaming Awareness: Supervisor's Training (AODGGA) (MITE code)	24 & 25 Nov	0800-1600 / 0800-1200 hrs	Shearwater



PROGRAM	DATE	TIME	LOCATION
Respect in the CAF	1 Dec	0800-1600 hrs	Willow Park
Respect in the CAF	2 Dec	0800-1600 hrs	Willow Park
Family Violence Awareness	4 Dec	0900-1100 hrs	Willow Park
Better Health: Nutrition Edition	8 Dec	0800-1500 hrs	Shearwater
Better Health: Top Performance	9 Dec	0800-1500 hrs	Shearwater

**FREE! Open to CAF members, civilian DND employees and CAF dependants 18+**

For more information and/or to register, please visit [www.cafconnection.ca/Halifax/hpschedule](http://www.cafconnection.ca/Halifax/hpschedule)  
 Email: [hfxhealthpromotion@forces.gc.ca](mailto:hfxhealthpromotion@forces.gc.ca) | Phone: (902) 722-4956

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